

OBJECTIVES To be able to conduct a successful coaching conversation by: Building Trust Coaching for Success Creating Open Communication Listening For Understanding Learning A Positive Feedback Model















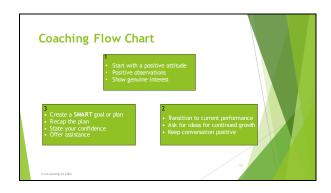
UNDERSTANDING YOUR ROLE IN COACHING FOR SUCCESS Be The Helping Hand Learn Where The Person Is Now Help Them Overcome Obstacles Provide Necessary Information and Encour agement













Additional Resources 1. Reading List 2. "Great Questions Check List" from Jason Lauritsen 3. Coaching Tips Sheet 4. Coaching Session Outline

1.	How is your mental health (scale of 1 to 10 with 10 being great)?
2.	How are you feeling about life right now on a scale from 1 to 10?
3.	What have you been doing to take care of yourself lately?
4.	What's the most important thing we need to talk about today?
5.	What is most frustrating for you about work right now?
6.	How do you feel things are going for you at work right now (on a scale from 1 to 10)?
7.	If you were to consider leaving for another job, what would be the reason you'd leave?
8.	How appreciated do you feel for what you contribute (on a scale from 1 to 10)?
©Ja	ason Lauritsen, 2023